

GEAR UP TO LEARN!

call us, beep us
if you wanna reach us



Welcome back to school!
We are so excited to see you again. Now that we are back, what are you most excited to do, learn, and experience? Grab a star and let us know!
Bonus: Let us know your favorite song and we can create a back to school playlist!



blank stars here



be patient with yourself

if you are having a hard time focusing, check in with your teacher, GEAR UP coordinator, or school counselor. transitions are hard and everyone is human--including YOU.

YAY!
Happy National GEAR UP Week!

National GEAR UP Week is September 20-24!
Be on the lookout for fun events, information, prizes, and more!

use this space to highlight GEAR UP & GU week events

get involved!

are clubs and sports running in your school? use this space to highlight extracurricular activities available to students

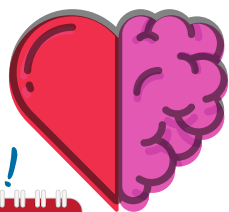


BREAKING NEWS



Mental Health Resources

add mental health resources available in your school here. where can students go to talk to someone if they are struggling?



school specific handouts

mental health handouts

